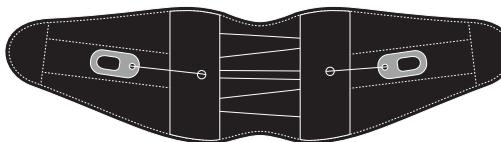


# ASPEN LUMBAR SUPPORT

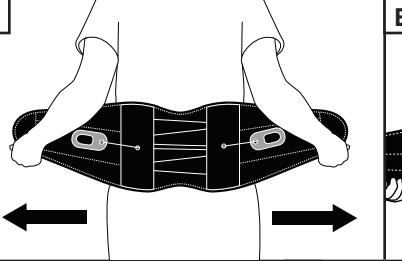
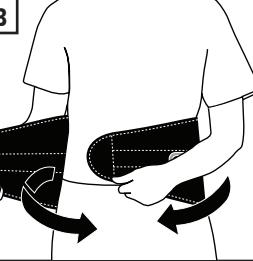
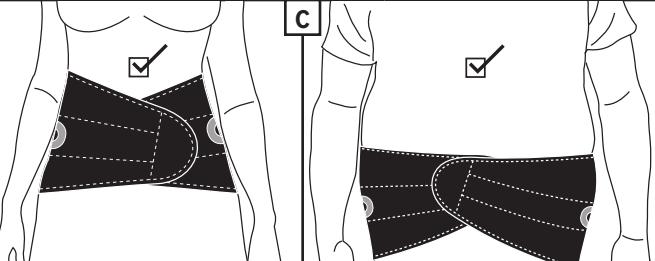
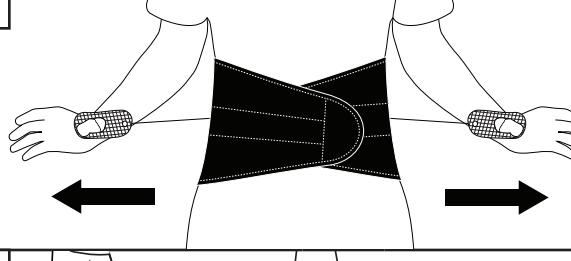
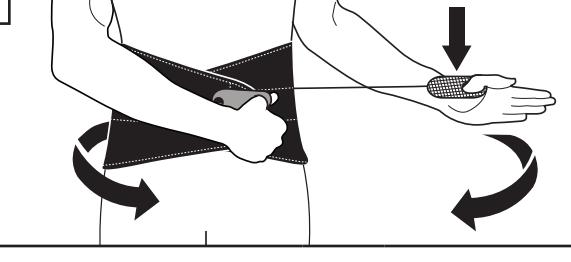
ASPEN LUMBAR SUPPORT



**Aspen**  
MEDICAL PRODUCTS

ASPEN MEDICAL PRODUCTS

6481 OAK CANYON, IRVINE, CA 92618-5202, USA  
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	ENGLISH	ESPAÑOL	DEUTSCH	ITALIANO	FRANÇAIS	中文
<b>A</b>	 	<b>PLACEMENT</b> <b>A.</b> Apply the fully stretched brace making sure the back panel is centered and low on the back. <b>B.</b> Overlap the ends of the brace so the hook material grips the opposite side loop as tightly as possible. <b>C.</b> Be sure the top and bottom of the brace is snug. If needed, angle ends to create a snug fit.	<b>COLOCACIÓN</b> <b>A.</b> Despliegue totalmente la faja ortopédica asegurándose de que el panel posterior quede centrado y bajo en la espalda. <b>B.</b> Superponga los extremos de la faja de modo que un lado de la cinta de velcro quede adherido al lado opuesto lo más cerridamente posible. <b>C.</b> Verifique que la parte superior y la parte inferior del soporte estén ajustadas. Si fuera necesario, doble los extremos para lograr un calce ajustado.	<b>ANLEGEN</b> <b>A.</b> Die vollständig gedeckte Rückenstützbandage anlegen und darauf achten, dass das Rückenteil zentriert ist und im unteren Rückenbereich anliegt. <b>B.</b> Die Enden der Stützbandage möglichst eng übereinanderlegen, so dass der Klettverschluss auf der gegenüberliegenden Seite eingreift. <b>C.</b> Darauf achten, dass die Orthese oben und unten fest anliegt. Ggf. die Gurte etwas schräg zusammendrücken, um eine guten Sitz zu erzielen.	<b>POSIZIONAMENTO</b> <b>A.</b> Applicare il supporto completamente aperto veillant à ce que le pannello dorsale soit bien centré et positionné sur le bas du dos. <b>B.</b> Sovrapportate le estremità del supporto in modo che la porzione di materiale a uncini afferril il lato opposto in materiale ad asole mantenendo il supporto il più aderente possibile. <b>C.</b> Assicurarsi che la parte superiore e inferiore del supporto siano ben aderenti. Se necessario, disporre le estremità del supporto in modo angolato per ottenere una buona aderenza.	<b>POSITIONNEMENT</b> <b>A.</b> Appliquez l'orthèse totalement étirée en veillant à ce que le panneau dorsal soit bien centré et positionné sur le bas du dos. <b>B.</b> Rabattez les extrémités de l'orthèse en les faisant se chevaucher de manière à ce que le système de fermeture velcro maintienne le côté opposé aussi étroitement que possible. <b>C.</b> Veillez à ce que la partie supérieure et inférieure de l'orthèse soient bien serrées. Si nécessaire, inclinez les extrémités pour assurer un maintien ferme.
<b>A</b>						
<b>A</b>	 	<b>TIGHTEN &amp; ADJUST</b> <b>A.</b> Slip your thumbs through the holes in the pull tabs. Pull away from your body. The left pull tab controls lower compression and the right pull tab controls upper compression. Adjust compression as needed. <b>B.</b> When desired compression is achieved, place the hook side of the pull tabs down onto the loop material to secure.	<b>AJUSTE Y REGULACIÓN</b> <b>A.</b> Pase los pulgares por los orificios de las pestanas de ajuste. Hale en dirección opuesta a su cuerpo. La pestana izquierda controla la compresión inferior, y la derecha, la superior. Ajuste la compresión según sea necesario. <b>B.</b> Una vez alcanzada la compresión deseada, cierre bien la faja presionando ambos lados de la cinta de velcro entre sí.	<b>FESTZIEHEN UND JUSTIEREN</b> <b>A.</b> Daumen durch die Ösen der Zugleinen stecken und diese nach aussen vom Körper weziehen. Mit der linken Zugleine wird die untere Kompression und mit der rechten Zugleine die obere Kompression reguliert. Die Kompression je nach Bedarf anpassen. <b>B.</b> Sobald die gewünschte Kompression erreicht ist, die Hakenseite der Zugleinen auf die Klettverschlusschlaufen legen, um die Bandage zu sichern.	<b>TENSIONARE E REGOLARE</b> <b>A.</b> Infilare i pollici attraverso i fori presenti nelle linguette di estensione. Tirare in direzione opposta al corpo. La linguetta di estensione sinistra controlla la compressione inferiore, mentre la linguetta di estensione destra controlla la compressione superiore. Regolare la compressione secondo le necessità. <b>B.</b> Quando si ottiene la compressione desiderata, appoggiare il lato in materiale a uncini delle linguette di estensione sul materiale ad asole per fissarle.	<b>SERRAGE ET RÉGLAGE</b> <b>A.</b> Glisser les pouces dans les tirants. Tirer en écartant du corps. Le tirant de droite sera à régler la compression supérieure et celui de gauche la compression inférieure. Régler la compression selon les besoins. <b>B.</b> Une fois la compression souhaitée obtenue, fixez la partie adhésive des tirants sur la bande velcro pour les maintenir en place.
<b>B</b>	 					
<p><b>Caution: This Product Contains Natural Rubber Latex Which May Cause Allergic Reaction.</b></p> <p><b>Precavención: Este producto contiene látex de caucho natural que puede causar reacción alérgica.</b></p> <p><b>Warnhinweis: dieses Produkt enthält einen Naturkautschuklatex, welcher eine allergische Reaktion hervorrufen kann.</b></p> <p><b>Attenzione: Questo prodotto contiene gomma di lattice naturale che potrebbe causare reazioni allergiche.</b></p> <p><b>Attention: Ce produit contient du latex de caoutchouc naturel qui peut provoquer des réactions allergiques.</b></p> <p><b>注意:本产品含有可能引起过敏反应的天然橡胶乳胶。</b></p>						

## ENGLISH

## ESPAÑOL

## DEUTSCH

## SIZING CHART

## TABLA DE TAMAÑOS

## GRÖSSENBESTIMMUNG

Size ranges are only guidelines.

Las variaciones de tamaños son sólo una guía.

Die Größenbereiche dienen lediglich als Richtwerte.

**X-SMALL**

53 – 69 cm

21 – 27 in

**X-SMALL**

53 – 69 cm

21 – 27 in

**X-SMALL**

53 – 69 cm

21 – 27 in

**SMALL**

66 – 79 cm

26 – 31 in

**PEQUEÑO**

66 – 79 cm

26 – 31 in

**SMALL**

66 – 79 cm

26 – 31 in

**MEDIUM**

79 – 91 cm

31 – 36 in

**MEDIANO**

79 – 91 cm

31 – 36 in

**MEDIUM**

79 – 91 cm

31 – 36 in

**LARGE**

91 – 107 cm

36 – 42 in

**GRANDE**

91 – 107 cm

36 – 42 in

**LARGE**

91 – 107 cm

36 – 42 in

**X-LARGE**

104 – 122 cm

41 – 48 in

**X-GRANDE**

104 – 122 cm

41 – 48 in

**X-LARGE**

104 – 122 cm

41 – 48 in

**XX-LARGE**

109 – 132 cm

43 – 52 in

**XX-LARGE**

109 – 132 cm

43 – 52 in

**XX-LARGE**

109 – 132 cm

43 – 52 in

## ITALIANO

## FRANÇAIS

## 中文

## TABELLA DELLE MISURE

## TABLEAU DES TAILLES

## 尺寸图

Le gamme delle misure hanno solo scopo indicativo.

Les tailles sont données à titre indicatif.

尺寸范围仅用作指南

**X-SMALL**

53 – 69 cm

21 – 27 in

**X-SMALL**

53 – 69 cm

21 – 27 in

**特小号**

53 – 69 cm

21 – 27 in

**PICCOLA**

66 – 79 cm

26 – 31 in

**PEQUEÑO**

66 – 79 cm

26 – 31 in

**小号**

66 – 79 cm

26 – 31 in

**MEDIA**

79 – 91 cm

31 – 36 in

**MEDIANO**

79 – 91 cm

31 – 36 in

**中号**

79 – 91 cm

31 – 36 in

**GRANDE**

91 – 107 cm

36 – 42 in

**GRANDE**

91 – 107 cm

36 – 42 in

**大号**

91 – 107 cm

36 – 42 in

**X-GRANDE**

104 – 122 cm

41 – 48 in

**X-GRANDE**

104 – 122 cm

41 – 48 in

**特大1号**

104 – 122 cm

41 – 48 in

**XX-LARGE**

109 – 132 cm

43 – 52 in

**XX-LARGE**

109 – 132 cm

43 – 52 in

**特大2号**

109 – 132 cm

43 – 52 in

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- (b) The product is altered;
- (c) Any parts not supplied by Aspen Medical Products are inserted into the product; or
- (d) The product is not used in accordance with the Aspen Medical Products Instructions for Use.

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